

Topic: Cultural Adjustment
(IOM, Overseas Processing Entity, Nepal)

Activity: Part I: Family Roles

Key Teaching Points

- ✓ The roles of family members in different societies may be different
- ✓ Traditional roles of family members may change in the U.S.

Lesson Time

20-30 minutes

Materials

- Family Role Cards, 1 set per group (included)
- Headings Cards, 1 set per group: Bhutanese in Nepal; Americans in America; Bhutanese in America (included)

Practice

1. Divide participants into 5 groups: elderly people together in one group, “fathers,” “mothers,” “sons,” and “daughters” in their separate groups.
2. For each group, lay out the “headings” cards. Distribute the role cards to group members.
3. Each group is to lay out the various role cards as they believe they belong. For example, fathers lay out under “Bhutanese in Nepal” the roles and duties that they have in Nepal. Next, they lay out under “Americans in America” the roles and duties they think American fathers have in the U.S. Lastly, they lay out under “Bhutanese in America” the roles they think they will take on after they settle in the U.S. Do a few for them with the whole class so participants can see how to do it. Allow about 15 minutes for groups to complete this.
4. Monitor each group as they work. Check the “Americans in America” column and make any corrections if the participants lay out incorrect roles.
5. When the groups are finished, gather the whole class together and check out the layouts of each group. Go to the seniors group last. While at the seniors’ group, carry out the following reflection.

Reflection Questions

- What are the similarities between countries? What are the differences?
- Why do you think differences exist?
- How do you feel about the fact that you are going to a country where family roles are different from your own?
- Do the roles of Bhutanese in America change from what they are now? Do you have to change or could you maintain the same roles as here?
- Do you anticipate any problems within the family as a result of what you’re seeing here?
- What do you plan on doing about that?

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Takes care of children

बालबालिकाको रेखदेख गर्ने



Cooks meals

खाना पकाउने



Shops for food

खानेकुरा किन्ने



Earns money to support the family

परिवार पाल्न पैसा कमाउने



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Cleans the house
घर सफा राख्ने वा गर्ने



Makes repairs around the house
घरमा बिग्रेका सामान बनाउने



Decides who and when the daughter will marry
छोरीको बिहेको निर्णय गर्ने



Washes the dishes
भाँडा माँड्ने



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Handles money

खर्च चलाउने



Shops for food

खानेकुरा किन्ने



Takes care of children

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Headings Cards

Father

बुवा

Bhutanese father in Nepal

नेपालमा भूटानि बुवाहरु

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American father in America

अमेरिकामा अमेरिकन बुवाहरू

Bhutanese father in America

अमेरिकामा भूटानि बुवाहरू

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Mother

आमा

American mother in America

अमेरिकामा अमेरिकन आमाहरु

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Bhutanese mother in Nepal

नेपालमा भूटानि आमाहरु

Bhutanese mother in America

अमेरिकामा भूटानि आमाहरु

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Son

छोरा

American son in America

अमेरिकामा अमेरिकन छोराहरू

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Bhutanese son in Nepal

नेपालमा भूटानि छोराहरु

Bhutanese son in America

अमेरिकामा भूटानि छोराहरु

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Daughter

छोरी

American daughter in America

अमेरिकामा अमेरिकन छोरीहरू

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Bhutanese daughter in Nepal

नेपालमा भूटानि छोरीहरु

Bhutanese daughter in America

अमेरिकामा भूटानि छोरीहरु

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Grandfather/grandmother

हजुर बुवा/हजुर आमा

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Elderly American in America

अमेरिकामा अमेरिकन बृद्धहरु

Elderly Bhutanese in America

अमेरिकामा भूटानि बृद्धहरु

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Elderly Bhutanese in Nepal

नेपालमा भूटानि बृद्धहरु

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