

Topic: General Orientation

(Original plan developed by June 2010 Community Orientation Skills Development Workshop participants in Jacksonville, FL, and further developed by the Cultural Orientation Resource Center)

Activity: Viewing and Discussing Group-Specific (Bhutanese) Orientation Videos

Objective	Bhutanese families will learn basic information about selected orientation topics.
Lesson Time	30 minutes
Materials	<ul style="list-style-type: none">• Laptop, projector and screen <i>or</i> DVD player and television• DVD (the 10-minute clip is also available online at flaglersife.com/suruwat/ and on www.YouTube.com under the title "Suruwat Section One")• Realia for class• List of suggested supplemental supports and services in the area
Introduction	Welcome participants, and mention the different life skills required by life in the U.S. as opposed to those required in Bhutan or the refugee camps in Nepal.
Practice	<ol style="list-style-type: none">1. Show the DVD.2. Stop after each chapter to discuss what happened in the chapter. Ask participants what they thought about each chapter.3. Divide participants into small groups and assign each group a topic from the DVD to role play. Give participants 5-10 minutes to rehearse and then bring the large group together. Small groups present. Debrief at the end of each role play to discuss what happened, how it compared to the DVD, and what participants think about the topic.
Discussion Questions	<ul style="list-style-type: none">• How do the topics in the DVD and the role plays compare to your prior cultural ways and actions?• How are these different from what you have experienced thus far living in the U.S.?• What areas do you think will be difficult for you to adjust to? How can you try to adjust more smoothly?
Cultural Notes	<p>Information about specific cultural practices that the teacher needs to know should be identified prior to the group coming together.</p> <p>Cover very basic and informative topics. Ensure jokes are not offensive.</p>
Variations	This video could be used with a group of service providers to show them Bhutanese concerns and interests regarding resettlement in the United States. Viewing the video clip and leading a discussion about Bhutanese refugees and their needs would be appropriate and informative for most service providers.